

LASER BIOSTIMULATION

Rule 64B1-3.001, Florida Administrative Code

64B1-3.001 Definitions.

(1) Acupuncture means a form of primary health care based on traditional Chinese medical concepts, that employs acupuncture diagnosis and treatment, as well as adjunctive therapies and diagnostic techniques, for the promotion, maintenance, and restoration of health and the prevention of disease. Acupuncture shall include but not be limited to the insertion of acupuncture needles and the application of moxibustion to specific areas of the human body.

(2) Acupuncture shall include, but not be limited to:

(a) Auricular, hand, nose, face, foot and/or scalp acupuncture therapy;

(b) Stimulation to acupuncture points and channels by use of any of the following:

1. Needles, moxibustion, cupping, thermal methods, magnets, gwa-sha scraping techniques, acupatches, and acuform,

2. Manual stimulation including acutotement (which is defined as stimulation by an instrument that does not pierce the skin), massage, acupressure, reflexology, shiatsu, and tui-na,

3. Electrical stimulation including electro-acupuncture, percutaneous and transcutaneous electrical nerve stimulation,

4. **Laser biostimulation** in accordance with relevant federal law including Food and Drug Administration rules and regulations, providing written notice of such intended use together with proof of compliance with federal requirements are received by the Board of Acupuncture **not less than 14 days prior to first time use.**

There is a requirement for high powered lasers to be registered in the State of Florida. Please see the web page www.myfloridaEH.com/radiation from the Department of Health, Bureau of Radiation Control for registration forms and information about registration requirements.

Please be aware that Class IIIA lasers are exempt from registration with the department under 64E-4, FAC. These lasers can emit no more than 5 milliwatts of power, which is so low that the chance of them causing any harm to a person's eyes does not warrant regulatory action. The most common type of Class IIIA laser is a laser pointer, such as you might use with a Powerpoint presentation.

Please mail your written notice of intended use along with proof of compliance with federal requirements to:

Florida Board of Acupuncture
4052 Bald Cypress Way, Bin # C-06
Tallahassee, FL 32399

For additional information you may email the Board of Acupuncture at MQA_Acupuncture@doh.state.fl.us .